



I. Athletic Participation Requirements

A physical, also called the *Certificate of Health*, and an *Athletic Permit* is required from every student athlete, every new school year. Students who are going out for ANY athletic team, (doesn't matter the season), must have these two forms (*Certificate of Health and Athletic Permit*) completed and on file before the first practice. Both of these forms are available on our web site <http://eghs.d214.org>. The physical is returned to our school nurse, Mrs. Kathie Szczepanski, and the Athletic permit is brought to Ms. O' Malley/Ms. Tracy on White Card Pick Up Days. After these forms are returned, students are given an "Athletic White Card" (on the Athletic White Card Pick Up Dates - see Section VI) to give their coach. The card signifies the athlete's readiness to begin practice. Students must be registered for school before a white card can be given.

II. Current Certificate of Child Health Exam Form – the Physical Form

This certificate is only current within 12 months prior to entering 9th grade. It must be current through to the end of the season in which the student is participating. It must be signed and stamped by the examining physician. Be sure to make a copy for your own records, before sending it to our school nurse, Mrs. Kathie Szczepanski. Do not send physicals to the Athletic Office. Every physician has these forms and they are also on our web site <http://eghs.d214.org>.

III. Athletic Permit

Athletic Parent Consent is part of the online registration process. If not signed off during registration, hard copies are available at White Card Pick-Up days for parent/student signature.

IV. Athletic Gold Locks

All Athletes must purchase a gold athletic lock for \$5.00 if you do not already have one.

V. Join the Grenadier Athletic Boosters – The Athletic Boosters is essential to the success of our athletic department. Please join the booster club and support their events.

VI. Athletic White Card Pick-UP Dates In the Cafe

Football only

Monday, August 8th: Sophs – Seniors(7am – 8am) Freshmen(8am – 9am) – *Season begins earlier for football on August 8th.*

All other sports

Monday, August 8th - 3:00pm-7:00pm A-L 3:00pm-5:00pm/M-Z 5:00pm-7:00pm

Tuesday, August 9th – 7:00am – 10:00am M-Z 7am-8:30am/A-L 8:30am-10:00am

Wednesday, August 10th - 8:00am-10:00am A-Z

VII. Co-Curricular Fee Information

On the District 214 registration letter, please note that based on parental and student feedback, the co-curricular participation fee has been modified. **There will be a one time \$65 fee per student for those who participate in any of the identified co-curricular activities.** Once paid, this fee will then cover the student's participation in all activities for the entire year. Particular co-curriculars may have additional fees charged by the sponsor/coach to ensure the program continues to run successfully. Students on fee waivers will have these fees waived. Please consider making this payment as part of your child's online registration.

VIII. Elk Grove Village and Des Plaines Athletic Practice Bus Schedule, Routes, and Stops

For AUGUST 10, 11, 12, 15, 16, 17

Two Athletic Buses will pick up students in the Des Plaines area and bring them to Elk Grove and return students when practice is over. They will begin picking athletes up at 7:00 AM. They will depart Elk Grove for Des Plaines at 10:45 AM and 12:30 PM. The bus stops are noted below.

For Thursday, August 18th and Friday, August 19th (ALL PRACTICES START AFTER 3:30PM - Staff Institute Days)

2:30 PM - Pick up begins for Buses 1 and 2

3:15 PM - Arrive at Elk Grove High School

6:15 PM - Depart E.G.H.S.

BUS ROUTES

	<u>Bus #1</u>	<u>Bus #2</u>
Start at:	500 Touhy	Windsor Apts
	Oasis Trailer Park	Hawthorne Apts
	Dulles & Beau Drive	Walnut & Marshall
	Millers & Beau Dr	Walnut & Leahy
	Ambleside & Beau	Clark & Leahy Cir
	Ambleside & Marshall	Marshall & Florian
	Millers & Marshall	Dorothy & Marshall
	Marshall & Dulles	Miami & Pennsylvania
	Dulles & Dara James	Dover & Marshall
	Kathleen & Dara James	Cordial & Susan
	Leahy Cir & Kathleen	E.G.H.S.
	Norman & Wilkins	
	E.G.H.S.	