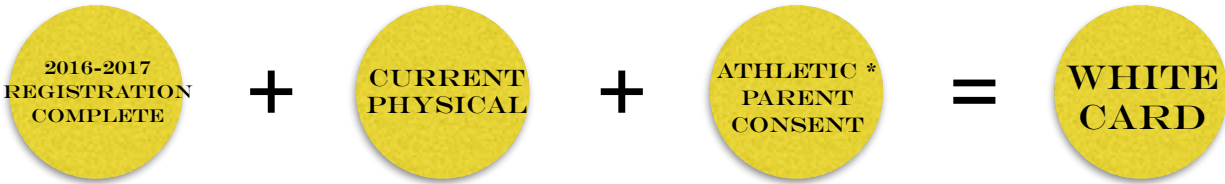




2016-2017 FALL SPORTS TRYOUT INFORMATION

What do I need for a white card(permission to participate in athletics)?



*Athletic Parent Consent is part of the online registration process. If not signed off during registration, hard copies are available at White Card Pick-Up days for parent/student signature.

White Card Pick-Up Dates

Football only: Monday, August 8th: Sophs - Seniors(7am - 8am), Freshmen(8am - 9am)

All other sports:

Monday, August 8th: Last Names A-L 3pm - 5:30pm - - - - -Last Names M-Z 5pm - 7pm
 Tuesday, August 9th: Last Names M-Z 7am - 8:30am - - - - -Last Names A-L 8:30am - 10am
 Wednesday, August 10th: Last Names A-Z 8am - 10am

FALL SPORTS FIRST DAY INFORMATION

Football

Equipment Issue/White Card Pick-up:
 Varsity/Junior Varsity First Day:
 Freshmen First Day:

Head Coach: John Sigmund- john.sigmund@d214.org

Sophs–Seniors(7am – 8am), Freshmen(8am–9am)
 August 8th, 9am - 2pm, Meet in Fieldhouse
 August 8th, 8am - 12pm, Meet in Fieldhouse

Boys Golf

Organizational Meeting:
 All Levels:

Head Coach: Mike Meyer - mike.meyer@d214.org

August 9th, 7:30am, Fox Run Golf Course
 August 10th, 5:45am, Meet at Fox Run G.C.

Boys Soccer

Varsity/JV1:
 JV2/Freshmen:

Head Coach: Rob Shepard - rob.shepard@d214.org

August 10th, 8am-11am, 4-6pm, Front Soccer Fields
 August 10th, 8am-11am, Front Soccer Fields

Boys Cross Country

All Levels:

Head Coach: Dave Dompke- david.dompke@d214.org

August 10th, 8:00am, Athletic Entrance #24

Girls Volleyball

Varsity/JV:
 Freshmen/Sophomore

Head Coach: Stephanie Kezios-stephanie.kezios@d214.org

August 10th, 8-10am, 12-2pm, Gym/Fieldhouse
 August 10th, 10-12pm, Gym/Fieldhouse

Girls Golf

Organizational Meeting:
 All Levels:

Head Coach: Kristen Gierman, kristen.gierman@d214.org

August 9th, 9:00am, Fox Run Golf Course
 August 10th, 8:00am, Fox Run Golf Course

Girls Cross Country

All Levels:

Head Coach: Mark Heintz - mark.heintz@d214.org

August 10th, 7:30am, Fieldhouse

Girls Tennis

Varsity/JV:
 Frosh/Soph:

Head Coach: Kristen Fisher - kristen.fisher@d214.org

August 10th, 8-10am, Elk Grove HS Tennis Courts
 August 10th, 8-10am, Elk Grove HS Tennis Courts

Girls Swim/Dive

All Levels:

Head Coach: Dave Toler - dave.toler@d214.org

August 10th, 9am, Elk Grove Pool

For the full first week schedule, please email the head coach at the email listed above.



