

EGHS ATHLETIC PARTICIPATION 2018-2019 IMPORTANT INFORMATION

I. Physical Requirement

A physical, also called the *Certificate of Health*, is required from every student athlete, every new school year. The physical is returned to our school nurse (it also can be dropped off in the main office, but please make a copy for your records.). After the physical is turned in and the student is verified to be registered for the school year, they can pick up their "Athletic White Card" (on the Athletic White Card Pick Up Dates - see Section V) to give their coach. The card signifies the athlete's readiness to begin practice.

II. Current Certificate of Child Health Exam Form – the Physical Form

This certificate is only current within 13 months prior to entering 9th grade. It must be current through to the end of the season which the student is participating. It must be signed and stamped by the examining physician. Be sure to make a copy for you own records, before sending it to our school nurse. Every physician has these forms.

III. Athletic Permit

Athletic Parent Consent is part of the online registration process. Hard copies available in athletic office if needed.

IV. Join the Grenadier Athletic Boosters – The Athletic Boosters is essential to the success of our athletic department. Please join the booster club and support their events.

V. Athletic White Card Pick-Up Dates In the Cafe

Football Only

Monday, August 6th: 7am – 9am all ages - Football Sophs – Seniors(7am – 8am) football Freshmen(8am – 9am) –
Season begins earlier for football.

Golf Only

Golf parents/athletes may come in on August 1st or 2nd to pick up their white card.

All other sports

Monday, August 6th - 3:00pm-7:00pm A-L 3:00pm-5:30pm/M-Z 5:30pm-7:00pm

Tuesday, August 7th – 7:00am – 10:00am M-Z 7am-8:30am/A-L 8:30am-10:00am

Wednesday, August 8th - 7:00am-9:00am A-Z

VI. Co-Curricular Fee Information

On the District 214 registration letter, please note that based on parental and student feedback, the co-curricular participation has been modified. **There will be a one time \$65 fee per student for those who participate in any of the identified co-curricular activities.** Once paid, this fee will then cover the student's participation in all activities for the entire year.

VII. Elk Grove Village and Des Plaines Athletic Practice Bus Schedule, Routes, and Stops

For AUGUST 8, 9, 10

Two Athletic Buses will pick up students in the Des Plaines area and bring them to Elk Grove and return students when practice is over. They will begin picking athletes up at 7:00 AM. They will depart Elk Grove for Des Plaines at 10:45 AM and 12:30 PM. The bus stops are noted below.

For Monday, August 13th and Tuesday, August 14th (ALL PRACTICES START AFTER 3:20PM - Staff Institute Day

2:30 PM - Pick up begins for Buses 1 and 2

3:15 PM - Arrive at Elk Grove High

School 6:15 PM - Depart E.G.H.S.

(Following are the bus routes for bus #1 and bus #2. We do have limited stops in the summer.)

BUS ROUTES:

Bus #1

Starts at: 500 Touhy
Oasis Trailer Park
Dulles & Beau Drive
Millers & Beau Drive
Ambleside & Beau
Ambleside & Marshall
Millers & Marshall
Marshall & Dulles
Dulles & Dara James
Kathleen & Dara James
Leahy Circle & Kathleen
Norman & Wilkins
E.G.H.S.

Bus #2

Starts at: Windsor Apts.
Hawthorne Apts.
Walnut & Marshall
Walnut & Leahy Circle
Clark & Leahy Circle
Marshall & Florian
Dorothy & Marshall
Miami & Pennsylvania
Dover & Marshall
Cordial & Susan
E.G.H.S.